

Did you know that flight attendants need to have acceptable BMI index?



Height/Weight Ratio Chart

The height/Weight Ratio Chart given below states the acceptable, normal minimum/maximum weight and height for Stewardesses. It is a requirement that all cabin crew member maintain their weight within the given scales.

HEIGHT (In Meters)	WEIGHT (In Kilograms)	
	Minimum	Maximum
1.60	48	60
1.62	50	62
1.65	52	64
1.67	54	66
1.70	56	68
1.72	58	70
1.75	60	72
1.77	62	75
1.80	64	76
1.83	N/A	N/A
1.85	N/A	N/A
1.87	N/A	N/A
1.90	N/A	N/A

Note:

The acceptable height for Stewardesses is 1.60 meters minimum and 1.80 meters maximum.

Cabin Crew shall be able to reach safety equipment and open and close the overhead bins in the aircraft from standing position.

Minimum age is 20 years and maximum age is 31 years.